Baseball Camp (Ages 5-7)

Thursday Camp Schedule (CAT - Circuit Allocation Table)	Free Director, 2 Coaches

8:00am-8:45am	**Coaches Meeting & Set-Up**					
8:45am-9:00am	**Sign-In**					
	Coach	**FREE DIRECTOR**	**COACH 1**		**COACH 2**	
	Activity	Check-In	Warm-up: Dumbo		Warm-up: Dumbo	
9:00am-9:20am	**Camp Introductions**					
	Coach	**FREE DIRECTOR**	**COACH 1**		**COACH 2**	
	Activity	Camp Orientation: Recap Wednesday (Confidence, Sportsmanship), Daily Preview - Theme (Camp Photo Day), Leadership Skill (Communication), Life Skill (Teamwork)				
9:20am - 9:40am	**Circuit Station 1**					
	Coach	**FREE DIRECTOR**	**COACH 1**		**COACH 2**	
	Activity	Free Direct	Drill - Around the Horn Relay	Game - Football Routes	Drill - Base Running Drill	Game - Mater's Haul
	Group		Green/Red		Blue/Yellow	
	Focus		Flex/Point/Throw		Introduction to the Base-Running	
9:40am-9:45am	**Water Break**					
9:45am-10:05am	**Circuit Station 2**					
	Coach	**FREE DIRECTOR**	**COACH 1**		**COACH 2**	
	Activity	Free Direct	Drill - Around the Horn Relay	Game - Football Routes	Drill - Base Running Drill	Game - Mater's Haul
	Group		Blue/Yellow		Green/Red	
	Focus		Flex/Point/Throw		Introduction to the Base-Running	
10:05am-10:15am	**Water, Snack and Bathroom Break (Give out stickers/stamps from Wednesday)**					
10:15am-10:35am	**Circuit Station 3**					
	Coach	**FREE DIRECTOR**	**COACH 1**		**COACH 2**	
	Activity	Free Direct	Game - Steal the Bacon Baseball		Game - Mandalorian Dodgeball & Star Wars Dodgeball	
	Group		Green/Red		Blue/Yellow	
	Focus		Offensive/Defensive Roles/Strategy		Life & Leadership Skills	
10:35am-10:40am	**Water Break**					
10:40am-11:00am	**Circuit Station 4**					
	Coach	**FREE DIRECTOR**	**COACH 1**		**COACH 2**	
	Activity	Free Direct	Game - Steal the Bacon Baseball		Game - Mandalorian Dodgeball & Star Wars Dodgeball	
	Group		Blue/Yellow		Green/Red	
	Focus		Offensive/Defensive Roles/Strategy		Life & Leadership Skills	
11:00am-11:10am	**Water, Snack and Bathroom Break**					
11:10am-11:30am	**Circuit Station 5**					
	Coach	**FREE DIRECTOR**	**COACH 1**		**COACH 2**	
	Activity	Free Direct	Drill - Baseball Archery	Game - Frog Catcher	Drill - Off the Tee Hitting	Game - Piston Cup
	Group		Green/Red		Blue/Yellow	
	Focus		Hands in Front. Alligator Arms		Bat to the Sky. Chicken Wings Out	
11:30am-11:35am	**Water Break**					
11:35am-11:55am	**Circuit Station 6**					
	Coach	**FREE DIRECTOR**	**COACH 1**		**COACH 2**	
	Activity	Free Direct	Drill - Baseball Archery	Game - Frog Catcher	Drill - Off the Tee Hitting	Game - Piston Cup
	Group		Blue/Yellow		Green/Red	
	Focus		Hands in Front. Alligator Arms		Bat to the Sky. Chicken Wings Out	
11:55pm-12:05pm	**PHASE 6 : Camp Close & Sign-Out**					
	Coach	**FREE DIRECTOR**	**COACH 1**		**COACH 2**	
	Activity	SIGN-OUT	Manage Team lines		Help kids gather their belongings from the home base	
	Group	**ALL**	ALL		ALL	
12:05pm-12:30pm	**Coaches Meeting & Tear-Down**					