Mini-Hawk Camp (ages 4-6)

Wednesday Camp Schedule (CAT - Circuit Allocation Table)

8:00am-8:45am	**Coaches Meeting & Set-Up**							
8:45am-9:00am	**Sign-In**							
	Coach	**DIRECTOR**	**COACH 1**		**COACH 2**		**COACH 3**	
	Activity	Check-In	Greet Kids. Walk to Team Base/Warm-up		Walk/introduce to Warm-up		Warm-up: Snake Pit Challenge	
9:00am-9:20am	**Camp Introductions**							
	Coach	**DIRECTOR**	**COACH 1**		**COACH 2**		**COACH 3**	
	Activity		Camp Orientation: Recap Tuesday (Integrity, Cheer), Daily Preview - Theme (WACKY WEDNESDAY), Leadership (Confidence), Life Skill (Sportsmanship)					
9:20am - 9:40am	**Circuit Station 1**							
	Coach	**DIRECTOR**	**COACH 1**		**COACH 2**		**COACH 3**	
	Sport		Baseball		Track & Field		Dodgeball	
	Activity	Free Director	Drill - Off the Tee Hitting	Game - Inside Out	Drill - Jungle Adventure (use course)	Game - Base Chase Relay w/ Tarzan OC	Drill - N/A	Game - Freeze Tag Dodgeball
	Group		Red		Blue		Green	
	Focus		Back Foot - Squish the Bug		Relay Race, Base-Running, Agility		Sportsmanship, Team Strategy	
9:40am-9:45am	**Water Break**							
9:45am-10:05am	**Circuit Station 2**							
	Coach	**DIRECTOR**	**COACH 1**		**COACH 2**		**COACH 3**	
	Sport		Baseball		Track & Field		Dodgeball	
	Activity	Free Director	Drill - Off the Tee Hitting	Game - Inside Out	Drill - Jungle Adventure (use course)	Game - Base Chase Relay w/ Tarzan OC	Drill - N/A	Game - Freeze Tag Dodgeball
	Group		Green		Red		Blue	
	Focus		Back Foot - Squish the Bug		Relay Race, Base-Running, Agility		Sportsmanship, Team Strategy	
10:05am-10:15am	**Water, Snack and Bathroom Break (give out stickers/stamps from Tuesday)**							
10:15am-10:35am	**Circuit Station 3**							
	Coach	**DIRECTOR**	**COACH 1**		**COACH 2**		**COACH 3**	
	Sport		Baseball		Track & Field		Dodgeball	
	Activity	Free Director	Drill - Off the Tee Hitting	Game - Inside Out	Drill - Jungle Adventure (use course)	Game - Base Chase Relay w/ Tarzan OC	Drill - N/A	Game - Freeze Tag Dodgeball
	Group		Blue		Green		Red	
	Focus		Back Foot - Squish the Bug		Relay Race, Base-Running, Agility		Sportsmanship, Team Strategy	
10:35am-10:40am	**Water Break**							
10:40am-11:00am	**Circuit Station 4**							
	Coach	**DIRECTOR**	**COACH 1**		**COACH 2**		**COACH 3**	
	Sport		Flag Football		Throwing		Soccer	
	Activity	Free Director	Game - Pokemon	Game - Rock, Paper Scissors Tag	Drill - Baseball Archery	Game - Move It, Move It	Drill - Star Wars Dribbling Relay Race	Game - BB8 vs. R2D2 Challenge
	Group		Red		Blue		Green	
	Focus		Catching - Diamond Hands. Catch the stripe		Footwork - Step to the target, squish the bug		Dribbling Moves - Step Over, Scissor, Chop	
11:00am-11:10am	**Water, Snack and Bathroom Break**							
11:10am-11:30am	**Circuit Station 5**							
	Coach	**DIRECTOR**	**COACH 1**		**COACH 2**		**COACH 3**	
	Sport		Flag Football		Throwing		Soccer	
	Activity	Free Director	Game - Pokemon	Game - Rock, Paper Scissors Tag	Drill - Baseball Archery	Game - Move It, Move It	Drill - Star Wars Dribbling Relay Race	Game - BB8 vs. R2D2 Challenge
	Group		Green		Red		Blue	
	Focus		Catching - Diamond Hands. Catch the stripe		Footwork - Step to the target, squish the bug		Dribbling Moves - Step Over, Scissor, Chop	
11:30am-11:35am	**Water Break**							
11:35am-11:55am	**Circuit Station 6**							
	Coach	**DIRECTOR**	**COACH 1**		**COACH 2**		**COACH 3**	
	Sport		Flag Football		Throwing		Soccer	
	Activity	Free Director	Game - Pokemon	Game - Rock, Paper Scissors Tag	Drill - Baseball Archery	Game - Move It, Move It	Drill - Star Wars Dribbling Relay Race	Game - BB8 vs. R2D2 Challenge
	Group		Blue		Green		Red	
	Focus		Catching - Diamond Hands. Catch the stripe		Footwork - Step to the target, squish the bug		Dribbling Moves - Step Over, Scissor, Chop	
11:55am-12:05pm	**PHASE 6 : Camp Close & Sign-Out**							
	Coach	**Director**	**COACH 1**		**COACH 2**		**COACH 3**	
	Activity	Sign-Out	Manage Team Lines		Gather Belongings		Gather Belongings	
	Activity		Camp Recap		Coaches Tunnel		Coaches Tunnel	
12:05pm-12:30pm	**Coaches Meeting & Tear-Down**							