

Mini-Hawk Camp (ages 4-6)

Thursday Camp Schedule (CAT - Circuit Allocation Table) | 1 DIRECTOR

8:00am-8:45am	Coaches Meeting & Set-Up					
8:45am-9:00am	Sign-In					
	Coch	DIRECTOR				
	Activity	Check-in & Warm-up: Dumbo				
9:00am-9:20am	Camp Introductions					
	Coch	DIRECTOR				
	Activity	Camp Orientation: Recap Wednesday (Confidence, Sportsmanship), Daily Preview - Theme (Camp Photo Day), Leadership Skill (Communication), Life Skill (Teamwork)				
9:20am - 9:40am	Circuit Station 1					
	Coch	DIRECTOR				
	Sport	Baseball				
	Activity	Drill - Off the Tee Hitting			Game - Piston Cup	
	Group	Red				
	Focus	Lag and Throw				
9:40am-9:45am	Water Break					
9:45am-10:05am	Circuit Station 2					
	Coch	DIRECTOR				
	Sport	Soccer				
	Activity	Drill - N/A			Game - Mario Kart Rainbow Road	
	Group	Red				
	Focus	Ball Control, Dribbling, Shooting off the dribble				
10:05am-10:15am	Water, Snack and Bathroom Break					
10:15am-10:35am	Circuit Station 3					
	Coch	DIRECTOR				
	Sport	Flag Football				
	Activity	Game - Lord of the Rings			Game - Banana Tag	
	Group	Red				
	Focus	Flex/Point/Throw				
10:35am-10:40am	Water Break					
10:40am-11:00am	Circuit Station 4					
	Coch	DIRECTOR				
	Sport	Dodgeball				
	Activity	Drill - N/A			Game - Heroes vs. Villains	
	Group	Red				
	Focus	Integrity, Teamwork, Sportsmanship, Strategy				
11:00am-11:10am	Water, Snack and Bathroom Break					
11:10am-11:30am	Circuit Station 5					
	Coch	DIRECTOR				
	Sport	Baseball/Throwing				
	Activity	Drill - Baseball Archery & Home Run Relay Races			Game - Mater's Haul	
	Group	Red				
	Focus	Flex/Point/Throw				
11:30am-11:35am	Water Break					
11:35am-11:55am	Circuit Station 6					
	Coch	DIRECTOR				
	Sport	Soccer				
	Activity	Drill - N/A			Game - Hunger Games	
	Group	Red				
	Focus	Dribbling with the inside/outside of your foot				
11:55am-12:05pm	PHASE 6 : Camp Close & Sign-Out					
	Coch	DIRECTOR				
	Activity	SIGN-OUT				
	Activity	MANAGE TEAM LINES & DAILY RECAP				
12:05pm-12:30pm	Coaches Meeting & Tear-Down					