

Mini-Hawk Camp (ages 4-6)

Thursday Camp Schedule (CAT - Circuit Allocation Table)

8:00am-8:45am	Coaches Meeting & Set-Up			
8:45am-9:00am	Sign-In			
	Coach	DIRECTOR		COACH
	Activity	Check-In		Warm-up - Dumbo
9:00am-9:20am	Camp Introductions			
	Coach	DIRECTOR		COACH
	Activity	Camp Orientation: Recap Wednesday (Confidence, Sportsmanship), Daily Preview - Theme (Camp Photo Day), Leadership Skill (Communication), Life Skill (Teamwork)		
9:20am - 9:40am	Circuit Station 1			
	Coach	DIRECTOR		COACH
	Sport	Baseball		Soccer
	Activity	Drill - Off the Tee Hitting	Game - Piston Cup	Drill - N/A Game - Mario Kart Rainbow Road
	Group	Red		Blue
	Focus	Lag and Throw		Ball Control, Dribbling, Shooting off the dribble
9:40am-9:45am	Water Break			
9:45am-10:05am	Circuit Station 2			
	Coach	DIRECTOR		COACH
	Sport	Baseball		Soccer
	Activity	Drill - Off the Tee Hitting	Game - Piston Cup	Drill - N/A Game - Mario Kart Rainbow Road
	Group	Blue		Red
	Focus	Lag and Throw		Ball Control, Dribbling, Shooting off the dribble
10:05am-10:15am	Water, Snack and Bathroom Break			
10:15am-10:35am	Circuit Station 3			
	Coach	DIRECTOR		COACH
	Sport	Flag Football		Dodgeball
	Activity	Game - Lord of the Rings	Game - Banana Tag	Drill - N/A Game - Heroes vs. Villains
	Group	Red		Blue
	Focus	Flex/Point/Throw		Integrity, Teamwork, Sportsmanship, Strategy
10:35am-10:40am	Water Break			
10:40am-11:00am	Circuit Station 4			
	Coach	DIRECTOR		COACH
	Sport	Flag Football		Dodgeball
	Activity	Game - Lord of the Rings	Game - Banana Tag	Drill - N/A Game - Heroes vs. Villains
	Group	Blue		Red
	Focus	Flex/Point/Throw		Integrity, Teamwork, Sportsmanship, Strategy
11:00am-11:10am	Water, Snack and Bathroom Break			
11:10am-11:30am	Circuit Station 5			
	Coach	DIRECTOR		COACH
	Sport	Baseball/Throwing		Soccer
	Activity	Drill - Baseball Archery & Home Run Relay Races	Game - Mater's Haul	Drill - N/A Game - Hunger Games
	Group	Red		Blue
	Focus	Flex/Point/Throw		Dribbling with the inside/outside of your foot
11:30am-11:35am	Water Break			
11:35am-11:55am	Circuit Station 6			
	Coach	DIRECTOR		COACH
	Sport	Baseball/Throwing		Soccer
	Activity	Drill - Baseball Archery & Home Run Relay Races	Game - Mater's Haul	Drill - N/A Game - Hunger Games
	Group	Blue		Red
	Focus	Flex/Point/Throw		Dribbling with the inside/outside of your foot
11:55am-12:05pm	PHASE 6 : Camp Close & Sign-Out			
	Coach	DIRECTOR		COACH
	Activity	SIGN-OUT		Have everyone grab their belongings and bring them to their team line
	Activity	MANAGE TEAM LINES/TAKE HOME ASSIGNMENT		