

Basketball Camp (ages 4-7)

Friday Camp Schedule (CAT - Circuit Allocation Table)

8:00am-8:45am	Coaches Meeting & Set-Up			
8:45am-9:00am	Sign-In			
	Coach	DIRECTOR	COACH 1	COACH 2
	Activity	Check-In	Warm-up: Lay-up Lines	Warm-up: Lay-up Lines
	Group	All	Blue/Yellow	Green/Red
9:00am-9:20am	Camp Introductions			
	Coach	DIRECTOR	COACH 1	COACH 2
	Activity	Daily Preview - Review (Communication & Teamwork), Daily Preview: Theme: Game Day, Leadership: Comradery, Life Skill: Self-Esteem		
9:20am - 9:40am	Circuit Station 1			
	Coach	DIRECTOR	COACH 1	COACH 2
	Station		CAMP FAVORITE 1	CAMP FAVORITE 2
	Activity	Free Director		
	Group		Blue/Yellow	Green/Red
Focus		Life Skills, Leadership Skills, Basketball Skills - Putting it all together		
9:40am-9:45am	Water Break			
9:45am-10:05am	Circuit Station 2			
	Coach	DIRECTOR	COACH 1	COACH 2
	Station		CAMP FAVORITE 1	CAMP FAVORITE 2
	Activity	Free Director		
	Group		Red/Green	Blue/Yellow
Focus		Life Skills, Leadership Skills, Basketball Skills - Putting it all together		
10:05am-10:15am	Snack & Bathroom Break			
10:15am-10:35am	Circuit Station 3			
	Coach	DIRECTOR	COACH 1	COACH 2
	Station		SKILL REINFORCEMENT COMPETITION	
	Activity	Free Director	CANDY LAND	
	Group		ICEHAWKS	FIREHAWKS
Focus		Life Skills, Leadership Skills, Basketball Skills - Putting it all together		
10:35am-10:40am	Water Break			
10:40am-11:00am	Circuit Station 4			
	Coach	DIRECTOR	COACH 1	COACH 2
	Station		SKILL REINFORCEMENT COMPETITION	
	Activity	Free Director	EXTREME MOVE IT	
	Group		ICEHAWKS	FIREHAWKS
Focus		Life Skills, Leadership Skills, Basketball Skills - Putting it all together		
11:00am-11:10am	Snack & Bathroom Break			
11:10am-11:30am	Circuit Station 5			
	Coach	DIRECTOR	COACH 1	COACH 2
	Station		SKILL REINFORCEMENT COMPETITION	
	Activity	Free Director	HUNGER GAMES	
	Group		ICEHAWKS	FIREHAWKS
Focus		Life Skills, Leadership Skills, Basketball Skills - Putting it all together		
11:30am-11:35am	Water Break			
11:35am-11:55am	Award Ceremony			
11:55pm-12:05pm	PHASE 6 : Camp Close & Sign-Out			
	Coach	DIRECTOR	COACH 1	COACH 2
	Activity	SIGN-OUT	Manage Team Lines/Coaches Cue Recap	Gather Belongings
	Activity		Manage Team Lines/Coaches Cue Recap	Coaches Tunnel
12:05pm-12:30pm	Coaches Meeting & Tear-Down			