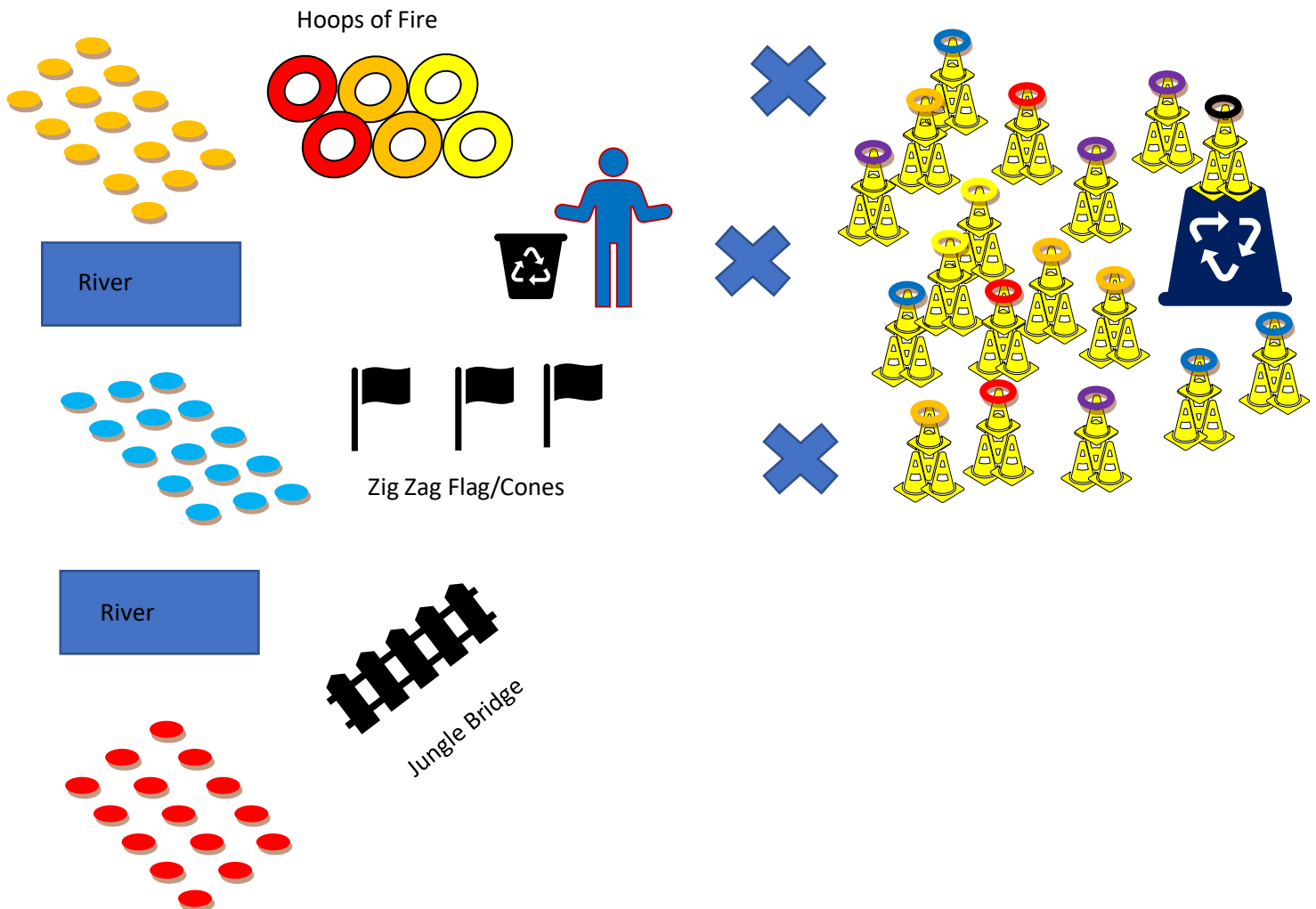


Wreck It Ralph (Football Edition)

Purpose: Throwing,

Equipment: Buckets, Cones, Disks, Hula Hoops, Footballs

Set-up: Spread out more than what is show below. I ran out of space. On one side of the field set-up the Towers. On the other side set-up the video game worlds with a different color Hero Coin (Colored Spot) in each world There should be obstacles between all the worlds the kids must complete to earn the coins.



Execution:

- As a team you must collect the Hero Coins and Wreck the towers by knocking them down with the Footballs
- Coach starts in the middle with a bucket filled with Footballs



MINI-HAWK FOOTBALL CAMP (AGES 4-6)

ACTIVITY REFERENCE GUIDE



- Coach tells a player “I need 1 Red Hero Coin and 2 Blue Hero Coins for a Football Wrecker”. The players must go through the Video Game Obstacles to collect the Hero Coins. They bring the coins back to the coach who collects the coins and gives them the Football
- The Player uses the Football to WRECK one of the towers.
- They then go back to the coach who tells them “I need 1 Orange Hero Coin and 1 Red Hero Coin for another Football Wrecker”
- See how fast they can WRECK all the towers as a team.
- Continue as time permits. Restock the Wreck Objects and play again if needed. Add in fielding the ball before they can go WRECK a tower.
- Reinforce flow, storyline, form/technique, and encouragement
- Continue as time permits
- Review Football Throwing