



# SOCCER GAMES (AGES 6-11)

## ACTIVITY REFERENCE GUIDE

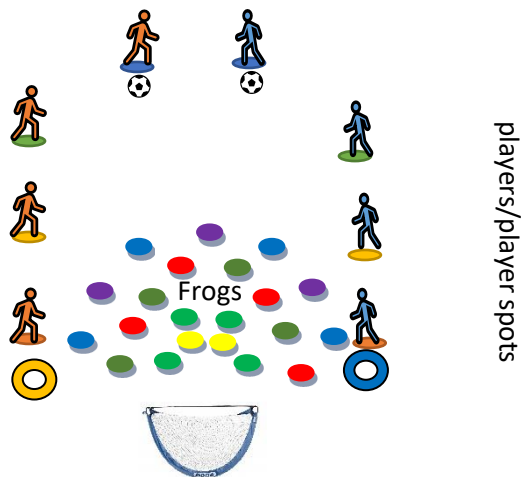


### Frog Catcher

Purpose: Dribbling, passing, Shooting

Equipment: Large colored spots, small colored spots, hula hoops, soccer balls

Set Up: Spread 4 small colored spots of each color around the soccer field (Yellow & Green = short range, Red & Orange = 2-medium range, Blue & Purple = LONG range). Put 1 large colored spot/player down the sideline to show the players where to stand. Put a Hula Hoop on the corner of the sideline/baseline for each team.



### Execution:

- Break players into teams and have them stand on sideline on their team spots.
- Give 1 ball per team to the player closest to the hula hoop.
- Let the players know the frog scoring system:
  - a. Green Tree Frog = 1-point
  - b. Yellow Sun Frog = 1-point
  - c. Orange Sun Frog = 2-points
  - d. Red Lava Frog = 2-points
  - e. Blue River Toad = 3-points
  - f. Purple Horned Toad = 3-points
- Coach says "GO" and players pass/trap down the sideline until it gets to the player furthest from the goal. Each player must trap and pass the ball
- When the player furthest from the goal gets the ball, he/she dribbles the ball up to one of the frogs. To catch the frog they must trap the ball on the spot (frog) and shoot the ball.
- **If he/she makes the shot**, they get to grab the frog from where they made it (spot) and put it in the Hula Hoop (frog net).
- **If he/she misses the shot**, they do not grab the frog. Each player only gets 1 shot attempt.
- **Make or miss** after 1 shot, the player who just shot the ball gets the ball and dribbles to the spot closest to the net. All other players rotate down 1-spot.
- The team then passes down the line again to the players furthest from the net and tries to catch the next frog.
- Repeat until all the frogs are gone.
- **Do one round of practice play, then play for points.**
- Reinforce storyline, technique, game flow, and sportsmanship/encouragement throughout game Repeat until all the frogs are gone.
- At the end of the game, the team with the most frog points in their Hula Hoop wins!
- Recap Shooting and when/why it is used in Soccer