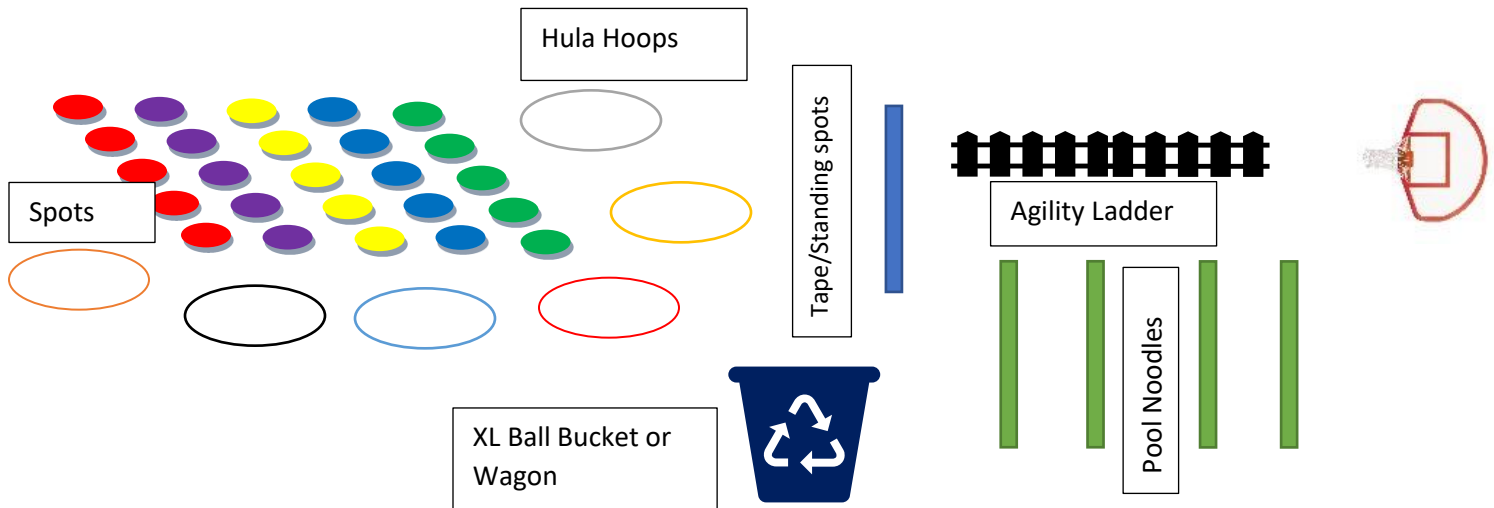


# Treasure Island

Purpose: Dribbling, Shooting

Equipment: Large Spots, Small Spots, Hula Hoops, Tape, Pool Noodles, Hoop, XL Ball Bucket or Wagon, Agility Ladder

Set Up: Create the two stations as shown below: 1: Pirate Coins – Large Spots down with matching Hula Hoops on the outside. 2. Agility Ladder - Standing spots/tape line with an Agility Ladder between the line and the hoop. Pool noodles to the side to get the kids back to their team line.



## Execution:

- We are going on a Treasure Quest. We must first collect the Pirate Coins, and then load the treasure onto our Pirate Ship by shooting the Basketballs into the Basketball Hoop.
- Challenge 1 – Pirate Coins: The Large Spots are the Pirate Coins. The Hula Hoops are the Treasure Chests. To collect the Pirate Coins, you must collect (bounce & catch younger kids, dribble older kids) all of the colored spots (Pirate Coins) and place them in the matching Hula Hoop. Start Simple and progress. The younger the kids are, the simpler you need to start progressing from...
  - Bounce
  - Bounce and Catch
  - Bounce Clap & Catch
  - 2 Dribbles
  - 3 Dribbles
  - 5 Dribbles
  - Etc.
- Challenge 2 – Load the Pirate Ship -
  - Now that the Treasure Chest are full, the Pirates can buy their Cannon Balls and load their Pirate Ship.
  - The Coach becomes the banker and he stands next to a the full Ball Wagon/Bucket with a Hula Hoop.
  - When a camper asks for a Basketball, he/she says “It will cost you two blue coin and a red” - You can obviously say any combination you want. The amount of coins you collect needs to be strategic based on the total number of coins and the time allotted.
  - The player grabs the required coins from the chest and give it to the coach. The coach then gives the child a Basketball.
  - To load the Pirate Ship, the child must walk across the bridge, only stepping on the blue/yellow bars. If you are on a hard service, have the older kids bounce/catch in the gaps.
  - Add in obstacles like holes (large yellow spot on a bar that they must skip) or spikes (row of yellow cones between two bars). Once the player crosses the bridge, they stand on a shooting spot and shoot the ball into the hoop.
  - Once they make the ball in the hoop, the player jumps over the crocodiles (pool noodles), goes back to the coach as awaits his/her instructions for the next Basketball.
- Continue as time permits. Recap dribbling and shooting as a team.