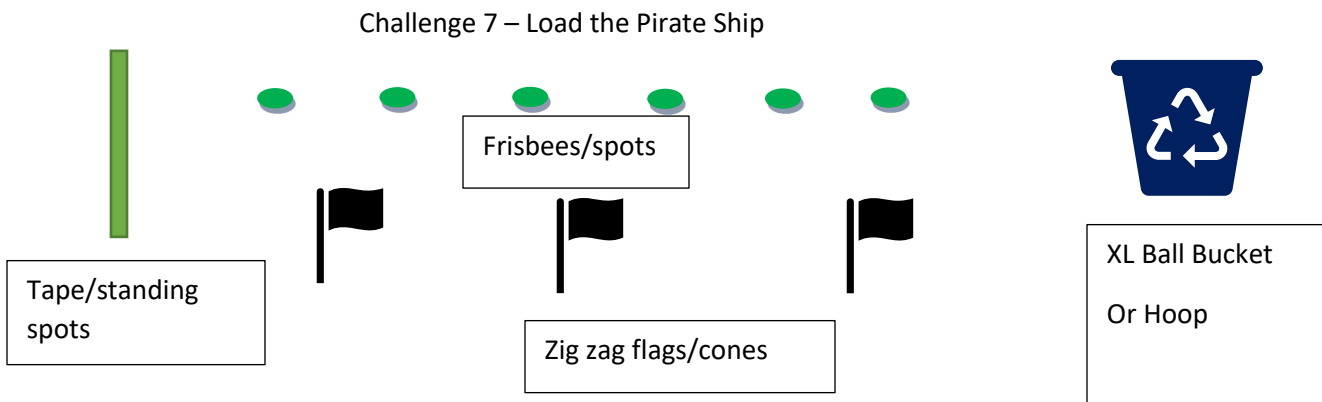
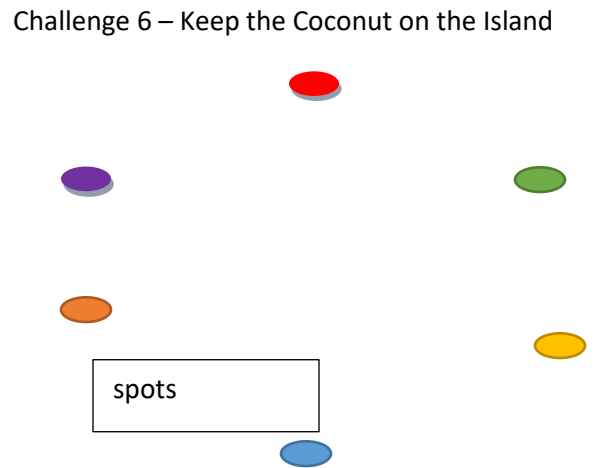
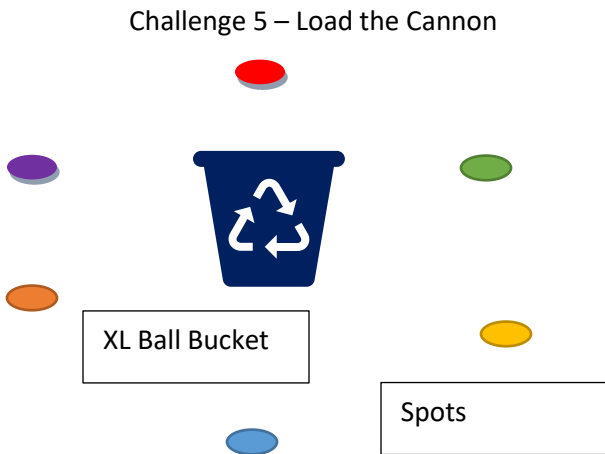
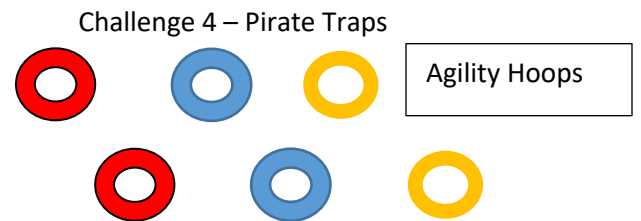
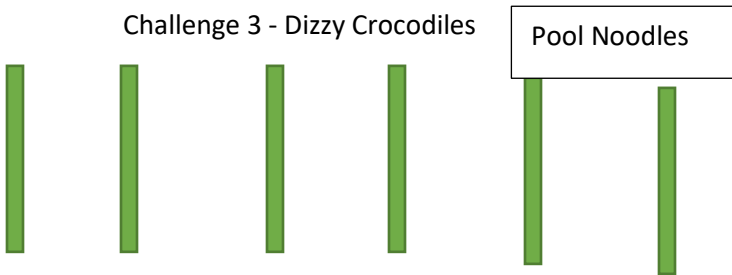
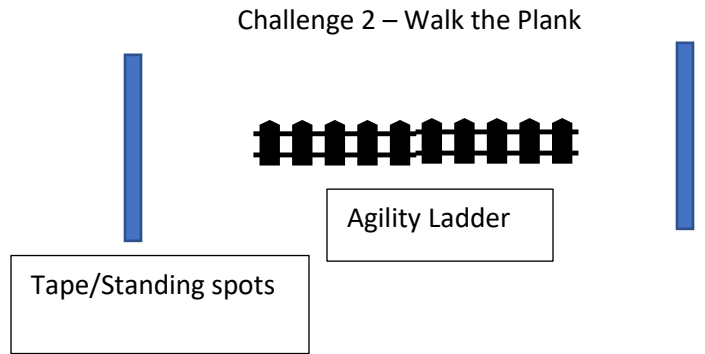
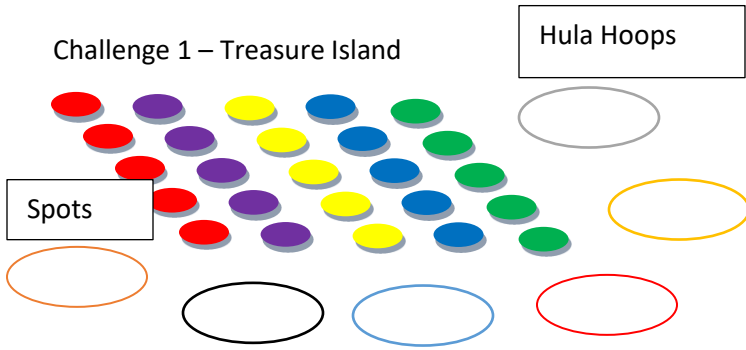


The Quest For Captain "coach name" Treasure (Tot Basketball Edition)

Purpose: Dribbling, Ball Control, Passing

Equipment: Disks, Spots, Pool Noodles, Large Bucket, Wagon, Basketball Hoop, Small Spots, Tape, Foam Javelin

Set Up: Create 7 Challenge as shown below. Off to the side put Basketballs or Dodgeballs (treasure) in a wagon. Put down 7 key holes (tape or spots) where the players will place each key once collected.



Execution:

- Captain Billy Bob's Treasure is locked. In order to unlock the treasure chest, the players must collect 6-keys. Each key is protected by an obstacle, which the players must complete using their Basketball Skills
- Challenge 1 – Treasure Island : To Get the Blue Key you must collect (bounce & catch younger kids, dribble older kids) all of the colored spots (Pirate Coins) and place them in the matching Hula Hoop. Once all the hoops are filled, they get the blue key
- Challenge 2 – Walk the Plank - To get the Red Key, you must cross the Bridge, stepping on only the blue bars while you bounce and catch (younger), dribbling (older) in the gaps. Once everyone makes it across the bridge you win the Red Key
- Challenge 3 – Dizzy Crocodiles - The Green Key is guarded by Crocodiles. Before you can get the key you make the crocodiles dizzy by Hopping Back and forth over them (younger)/ dribbling back and forth over them (older). Once all of the crocodiles are dizzy you win the green key
- Challenge 4 – Pirate Traps - Everyone has been caught inside a trap (Hula Hoop). In order to get out they must first use their "spider fingers" to roll the ball in a big circle around the hoop. The ball must touch the hoop at all times. Players cannot leave their hoop. (Older kids must go around "x" amount of times in each direction without losing the ball). Once everyone is free you win the yellow key
- Challenge 5 – Load the Cannon Everyone must stand on their spot which are in large circle. In the middle is a large bucket. Everyone must pass their ball into the bucket. Do a chest pass the first time (no bounce), then a bounce pass (ball bounces once before going in the bucket). Once everyone has made their ball in the bucket they win the Purple Key
- Challenge 6 – Keep the Coconut on the planet: All players stand on their spot which are in a large circle. Coach calls a color and they have to pass the ball to the player on that color. Younger kids use a kickball. Older kids do chest passes and ball cannot hit the ground. Once you have gone through everyone you win the Orange Key
- Challenge 7 – Load the Pirate Ship: You have unlocked the treasure chest. Now the players must hurry to load as much treasure as they can on the pirate ship. If you have a Basketball Hoop available, the hoop can be the pirate ship. If not, use a bucket and work on passing (see guardians of the galaxy relay). All players start on their spot/tape line. Coach calls a color. That players grabs a piece of treasure out of the bucket, Walks across the rocks, stands on the X and shoots the ball in the basketball hoop. Make or miss they zig zag through the cones and get back in line for their next turn. Older players (only get one shot) Younger players (let them shoot till they make it – coach tips in on third attempt)