



BASKETBALL (AGES 3-5) ACTIVITY REFERENCE GUIDE

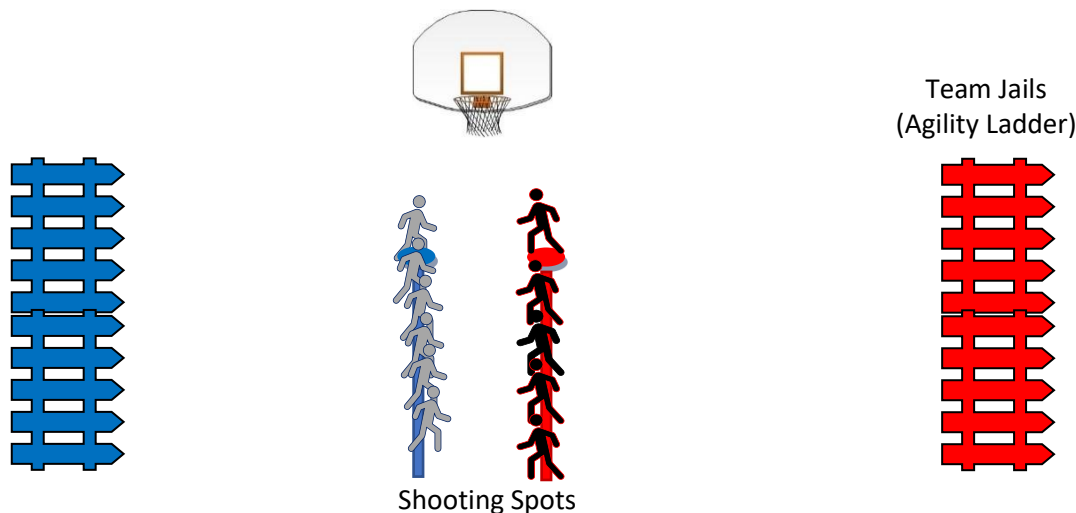


Paw Patrol (Jail Break Tot Edition)

Purpose: Shooting

Equipment: Basketball, Hoop, Colored Spots, Tape, Agility Ladder

Set Up: Set-up team shooting spot in front of a tape line for each team. Off to the side, put down an agility ladder for each team to serve as the team jail.



Execution:

- All players start in their Team Line.
- Coach give the ball to the first person in the Red Line who shoots the ball at the hoop.
- **IF THEY MAKE IT:** They are still in the game and go to the back of their team line.
- **IF THEY MISS IT:** They are out, and Chase take them to Jail. The Jails are the agility ladder's, so each player stands in a square).
- Coach then give the ball to the first person in the Blue Line who repeats the sequence.
- If a player on a team makes a shot, it is a Jail Break and everyone on that team comes back into the game.
- Once a team has everyone in jail, the game is over, and the other team wins the round.
- If the games are taking too long, change it so players need to make 2-shots for a Jail Break (not in a row). Then 3 and so on.

Variation:

- No Teams – Only 1-team line and 1-Ladder. All the kids work together to free one another. To make it a little more competitive, coach can time them to see how long they can last before all the players get caught.

Comments:

- When doing this game with the Tots, it is important to make going to Jail/jailbreak's fun and not scary. It is not a punishment and they can come back in the game if their teammate helps them out.