

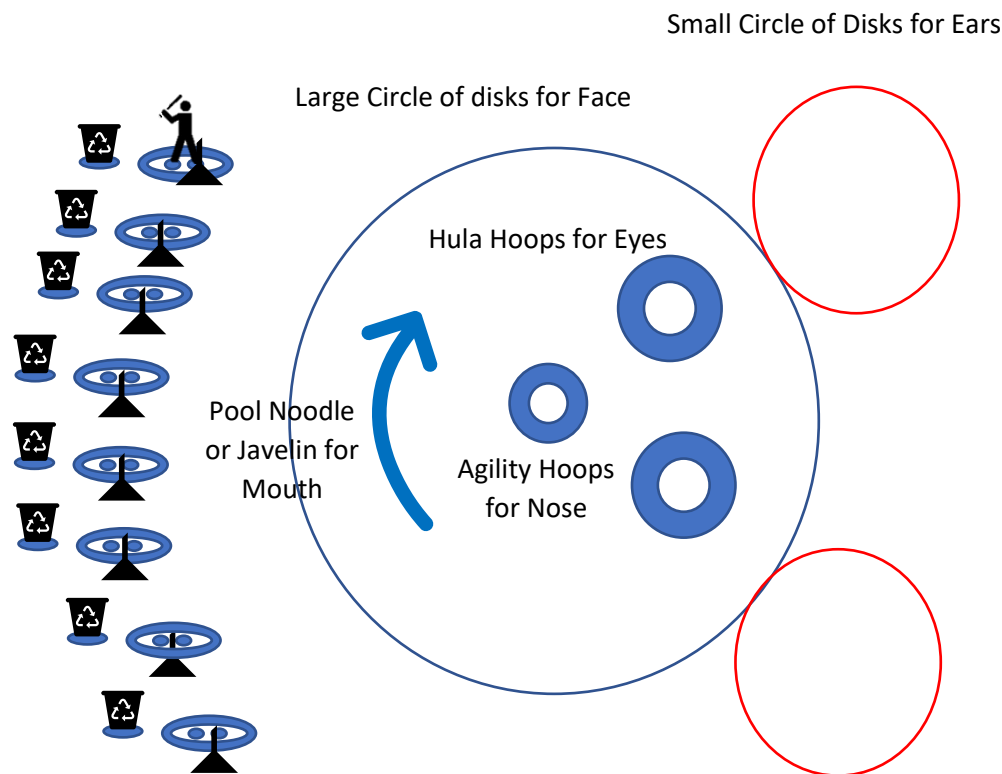
Mickey's Baseball Clubhouse

Purpose: Hitting

Equipment: 2-Soccer Nets, 1 Baseball Tee/Kid, Large Bucket/Kid, 7 Whiffle Balls/Kid (one of each color), Hula Hoop/kid, Colored Spot/kid,

Set Up:

- Create Mickey's Face as shown below
- Set-up Baseball Tee's in a slight semi-circle facing Mickey
- Put a Hula Hoop next to each Tee for the kids to stand on. The side of the Tee will depend on whether the child is Righty or Lefty.
- Put a matching colored spot behind each Tee for the kids to put their bucket full of Whiffle Balls on their spot.
- Put 2 rows of tape in the middle of each hula hoop to show where the kids feet go.



Execution:

1. Have each child stand in their Hula Hoop.
2. Review the correct way to hold and swing a baseball bat
3. Give each kid their Baseball Bat and have them show you your ready position.
4. Tell the kids that they we are going to see how many Baseballs we can hit onto Mickey's Face:
 - a. Mickeys Head – 1-Point
 - b. Mickeys Ears – 2 Points
 - c. Mickeys Eyes – 5-Points
 - d. Mickeys Nose – 10-Points



TOT/PRESCHOOL BASEBALL (AGES 3-5) ACTIVITY REFERENCE GUIDE



5. Make sure the kids understand they must stay in their Hula Hoops at all times. Tell them you will collect all of the Baseball's at the end
6. Coach tells all the kids to "GRAB YOUR RED BALL AND PUT IT ON THE TEE".
7. Once all kids have balanced their ball on the tee and are in the correct batting stance, coach blows his/her whistle and all of the kids hit the ball towards the net. Kids should shout out what part of Mickey's Face they hit when they land a ball in the target area. "I got Mickey's Ears"!
8. Coach tells the kids to "GRAB YOUR WHITE BALL AND PUT IT ON THE TEE".
9. Coaches walk around to work on hitting technique.
10. Once you have gone through all 7-colors, coach tells kids to put their baseball bat down inside there Hula Hoop.
11. Coaches count up how many points they scored as a team.
12. Coach calls "easter egg hunt" and the kids grab their buckets and fill their bucket with 7 Whiffle Balls (one of each color). Then put their bucket back down on their spot
13. Review Hitting Technique and play another round. See if you can score more goals as a team the second time around
14. Continue as time permits. Reinforce technique, Storyline Flow, and Encouragement/Praise throughout.
15. Recap Hitting and when/why it is used in Baseball.