



TOT/PRESCHOOL BASEBALL (AGES 3-5) ACTIVITY REFERENCE GUIDE



Ice Cream Cones

Purpose: Catching

Equipment: Colored spots, Yellow cones, 3 balls/kid

Set-up: Put down colored spots in a slight semi-circle and have each kid stand on their spot

Execution:

- Give each kid a Yellow Cone. Have them hold it upside down with two hands like a giant Ice Cream Cone.
- Tell the kids that the Cones are their ice cream cones and the balls are the Ice Cream. They are going to make an Ice Cream Sundae by catching the Ice Cream in their cone.
- Coach tosses a ball to a player and they try to catch it in their cone.
- When the player catches the ball the coach asks, "What flavor ice cream is that?" – kid says Chocolate
- Coach goes all the way down the line.
- Then coach tosses the second ball to each player which they also try to catch in their cone.
- Coach asks the player "What flavor ice cream is that?" – Kid says Strawberry. Coach replies "1-scoop of Chocolate and 1-scoop of Strawberry...That sounds good"
- Coach goes all the way down the line.
- Then coach tosses the third ball to each player which they also try to catch in their cone.
- Coach asks the player "What flavor ice cream is that?" – Kid says Vanilla. Coach replies "1-scoop of Chocolate and 1-scoop of Strawberry, 1-scoop of vanilla...That sounds like a tasty ice cream sundae"
- Coach goes all the way down the line.

Comments: If the player doesn't catch the ball they just pick it up and place it in their cone. For some kids it is as much on the coach to get the ball in the cone as it is for the kids to catch the ball because they will not move the cone. Stand close.

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