



# BASEBALL CAMP (AGES 6-11)

## ACTIVITY REFERENCE GUIDE

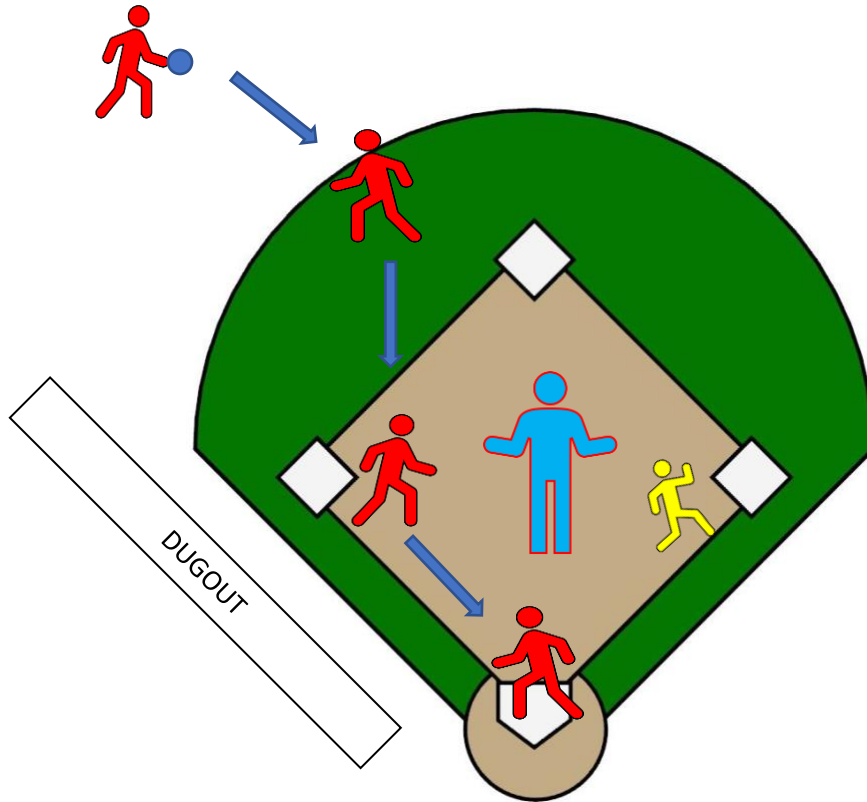


### Steal the Bacon (Baseball Edition)

Purpose: Hitting, Baserunning, Fielding, Offense vs. Defense, Strategy, Sportsmanship

Equipment: Bases, Tee, Bat, Baseballs, Disks

Set-up: Baseball Diamond with Tee at home plate. Use disks to set-up two dugouts. One on first base line and one on third base line



#### Execution:

- Split players into two even groups and have each team go to their corresponding dugout
- Coaches assigns 1-team to start on defense and 1-team to start on offense
- Defensive team – goes out onto the field and stands in their defensive positions
- Offensive Team – 1 player stands on each base. The player on home plate is the batter
- On the coaches signal the batter hits the ball off the tee (or coach pitch depending on age) and then runs to first base as fast as he/she can and tags the player on first base, first base runs to second and tags, second to third, third to home.
- The defense meanwhile fields the ball and throws it around, so each player catches the ball. The last person to catch the ball tags home plate.
- If the offensive team gets back to home-plate before the defensive team touches home plate, offensive team scores 1-point
- If the defensive team touches home plate before the offensive team gets back to home plate, the defensive team scores 1-point.
- Have each offensive player hit once and then switch offense/defense.
- Team with the most points at the end of the game wins!