Circuit Allocation Table (aka the CAT)

Camp: Mini Hawk			Week of Camp:	
8:00am-8:45am		PHASE 1 : Coaches Meeting & Set-Up		
8:45am-9:00am		Sign-In		
	Coach	**DIRECTOR**		**COACH**
	Activity	Check-In		Ice Breakers
	Activity			
9:00am-9:20am		PHASE 2 : Daily F.A.C. & Camp Introductions		
	Coach	**DIRECTOR**		**COACH**
	Activity			
	Camp Orientation	Camp Orientation: Camp Rules, Camp Culture (MEAL Plan), Life Skill of Day (Integrity), Daily Preview		
9:20am - 9:40am		PHASE 3 : Circuit Station 1		
	Coach	**DIRECTOR**		**COACH**
	Activity	BASEBALL: Guardians of the Galaxy		SOCCER: Mario Kart Rainbow Road
	Group	Red/Green		Blue/Yellow
	Focus	Batting Power		Soccer Dribbling
9:40am-9:45am		Water Break		
9:45am-10:05am		PHASE 3 : Circuit Station 2		
	Coach	**DIRECTOR**		**COACH**
	Activity	BASEBALL: Guardians of the Galaxy		SOCCER: Mario Kart Rainbow Road
	Group	Blue/Yellow		Red/Green
	Focus	Batting Power		Soccer Dribbling
10:05am-10:15am		Water, Snack and Bathroom Break		
10:15am-10:35am		PHASE 3 : Circuit Station 3		
	Coach	**DIRECTOR**		**COACH**
	Activity	FLAG FOOTBALL: Jungle Obstacle Course		BASEBALL: Jailbreak
	Group	Red/Green		Blue/Yellow
	Focus	Rushing Technique		Throwing Accuracy
10:35am-10:40am		Water Break		
10:40am-11:00am		PHASE 3 : Circuit Station 4		
	Coach	**DIRECTOR**		**COACH**
	Activity	FLAG FOOTBALL: Jungle Obstacle Course		BASEBALL: Jailbreak
	Group	Blue/Yellow		Red/Green
	Focus	Rushing Technique		Throwing Accuracy
11:00am-11:10am		Water, Snack and Bathroom Break		
11:10am-11:30am		PHASE 4 : Group Camp Game/Scrimmage		
	Coach	**DIRECTOR**		**COACH**
	Activity	FIRE IN THE FOREST DODGEBALL		
	Group	IceHawks & FireHawks		
11:30am-11:35am		Water Break		
11:35am-11:55am		PHASE 5 : Group Endurance Game/Scrimmage		
	Coach	**DIRECTOR**		**COACH**
	Activity	TRACK AND FIELD: Track and Field Golf - Land on Mars		
	Group	IceHawks & FireHawks		
11:55pm-12:05pm		PHASE 6 : Camp Close & Sign-Out		
	Coach	**DIRECTOR**		**COACH**
	Activity	Closing Ceremony ; Sign-out - Walk kid from Coach to Car		Take Home Assignment ; Entertain Kids/Review Skills and Games
	Group	All		All