

Volleyball Camp

Teamwork & Technique (ages 7-12)

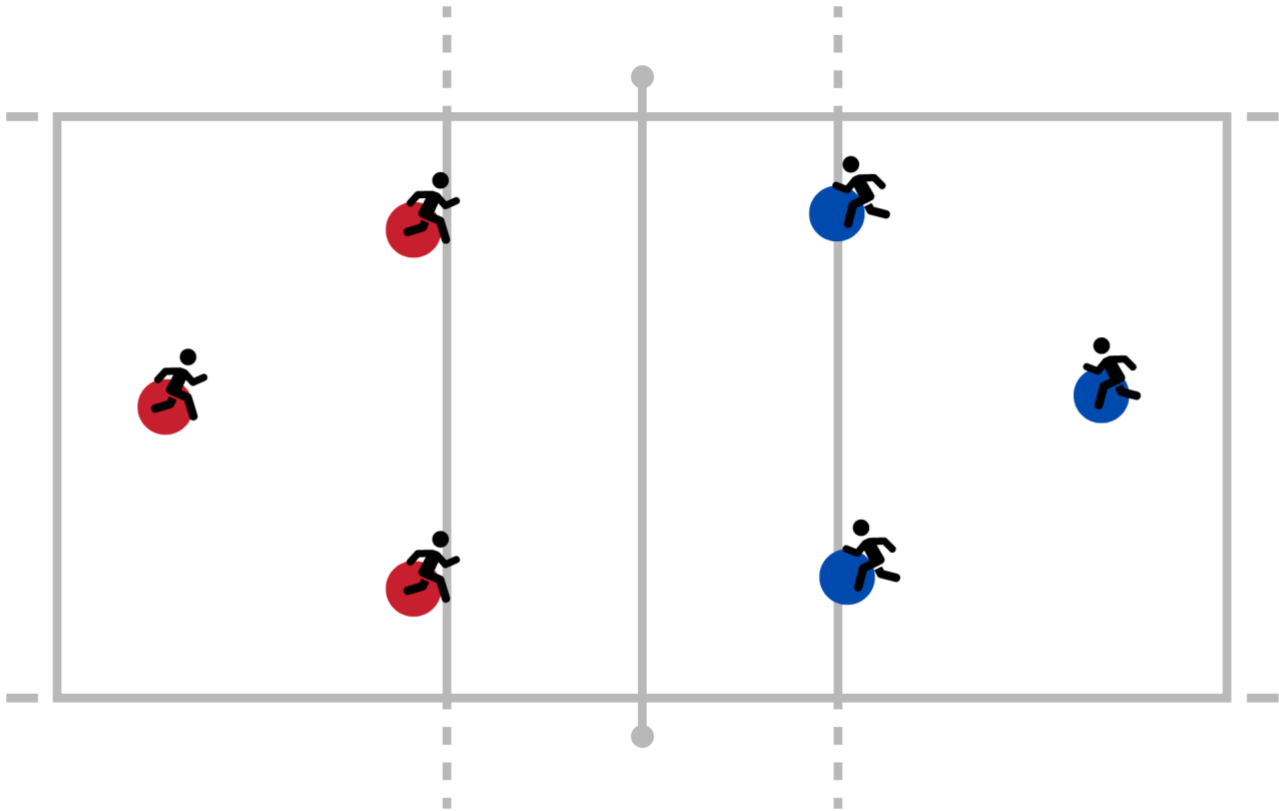
Activity Reference Guide

King of the Court

Purpose: Game Strategy, Positions, Spacing, Score Keeping, Teamwork

Equipment: Volleyball, Volleyball Net

Set Up: Set-up a regular Volleyball Court



- Regular Volleyball Scrimmage but Teams of 3
- Use regular Volleyball Rules and Scoring

Execution:

- Coach decides King side of the court and what team starts as kings.

- Kings always Serve to start rally and round.
- If rally ends on kings' side of kings hits ball out of bound, the Jokers replace kings and gain control of the thrown (That team becomes new kings).
- If Rally ends on jokers' side of the court they are out and a new team of 3 comes on and new round starts.
- Players want to be the team that keep their crowns as kings the longest.