

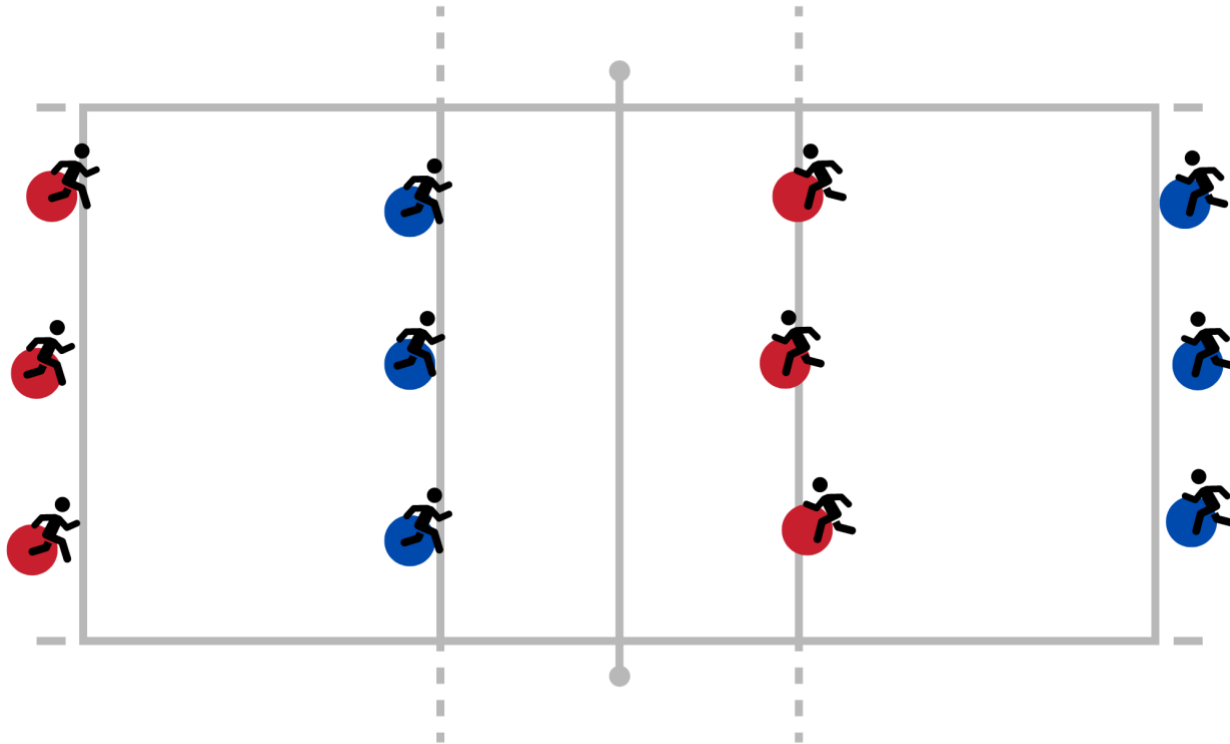
## Volleyball Camp (ages 7-12) Activity Reference Guide

### Dead Fish | Serving

Purpose: Serving

Equipment: Volleyballs, Volleyball Net

Set Up: Pair players up and have them stand on opposite sides of the Volleyball Net.



- Coach demonstrated proper serving technique.
- Give the ball to one side of the net.
- On coach's whistle, that side serves the Ball over the Net.
- **IF SERVE MAKES IT OVER THE NET AND LANDS IN BOUNDS: Player is safe and continues serving.**
- **IF SERVE DOES NOT MAKE IT OVER THE NET OR LANDS OUT OF BOUNDS:** Player turns into a dead fish and has to choose a spot on the opposite side of the court to sit down.
- **TEAMMATES HAVE TO SPOT SERVE TO DEAD FISH PLAYER:** If Dead Fish Player catches serve, they are back in the game.

- ONCE A TEAM ALL TURN INTO DEAD FISH THE GAME ENDS. WINNING TEAM GETS A POINT & NEW ROUND STARTS.
- Continue back and forth as time permits
- Coach walks around and works with player form/technique.