

Angry Birds

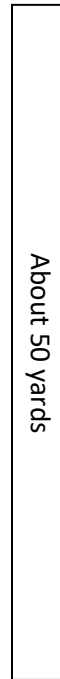
Purpose: Shooting with the Laces (Get the ball off the ground)

Equipment: Hula Hoop, Cones, Dodgeball, Soccer Ball, Colored Spots

Set Up: Each team needs to create their Piggy Tower in their Hula Hoop.

- Put 6 Cones down in a triangle shape
- Put 3 cones upside down in gaps****This is the key*
- Put 3 cones right-side up on top of upside down cones.
- Put 1 cones upside down in gaps
- Dodgeball (piggy) on the upside-down cone

Put 1 colored spot down about 50 away from the piggy tower to serve as the Sling Shot.



About 50 yards

Execution:

- Break players into two teams
- Have 1 player from each team start with the ball on the slingshot (Large Colored Spot) at the far end of the field. The rest of the players stand behind their teams Sling Shot. Make sure they are far enough back.
- On the coaches whistle the game begins. The person on the slingshot kicks the ball towards the piggy tower.



SOCCER (AGES 4-6)

ACTIVITY REFERENCE GUIDE



- The next player steps up and kicks the ball from the spot where the first player's kick stops rolling.
- This continues until the team gets all the way to their tower and knock it down.
- Once they knock it down, they get a point.
- They must rebuild the tower before returning to their sling shot and standing spots at the far end of the field and starting again.
- Regardless of how far the kick goes, players rotate after every kick: Player 1, Player 2, Player 3, Player 4
- This is a race. Once the whistle blows, they don't have to wait for the coach or the other team. Work together and Go, Go, Go!
- The team to knock-down the Piggy the most wins!
- Have all players demonstrate Sportsmanship by giving high-fives and saying GOOD GAME!
- Review Life Skills and Sports Skills and award points for both.