

BASKETBALL (AGES 6-12)

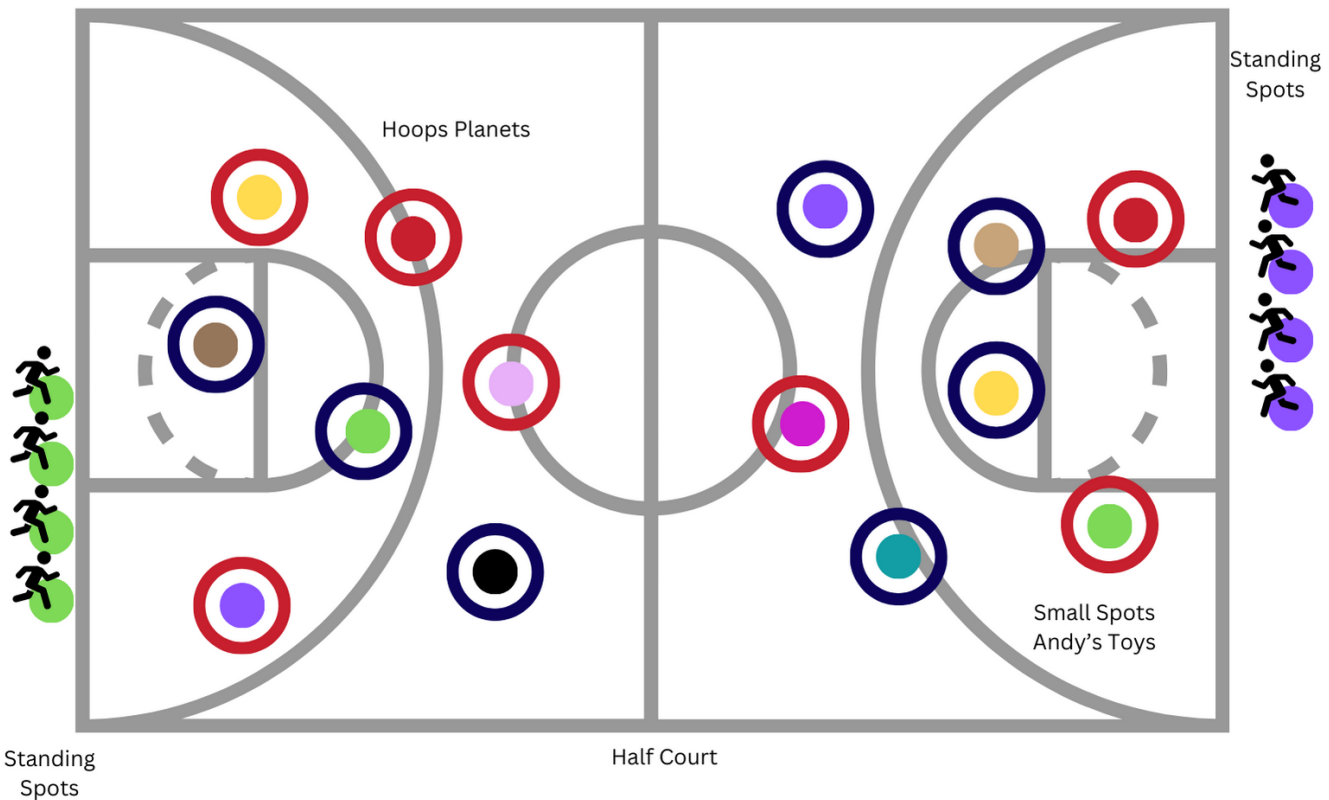
ACTIVITY REFERENCE GUIDE

Buzz Light Year Blast Off

Purpose: Dribbling

Equipment: Basketball, Hula Hoops or make planets with disks, Small Spots, Dodgeballs.

Set Up: Split group into 2 teams and have them stand on opposite sides of the Basketball Court along the baseline. Hula Hoops or disk circles (Planets) spread out on the court.



Execution:

- On coach's whistle, one player from one team has 15 Seconds to Dribble to a planet and rescue one of Andy's Toys.

- The other team has one Dodgeball each. They have 15 Seconds to throw their dodgeball (asteroid). To try and hit the other team's player rescuing a toy.
- If the player is hit by an asteroid, they must return to their team line with no toy.
- If player successfully rescues a Toy from a planet in 15 seconds without getting hit by an asteroid, Player takes small spot back to team toy box passes ball to next person in line. Coach takes the hoop or circle (planet) away.
- Now it's the other teams turn. Asteroids are collected from court and opposing team gets a turn to throw asteroids.
- Continue this rotation pattern until one team rescues all toys. or time permits.
- First Team rescues all or the most toys on the court wins.

Narrate Storyline: Emperor Zurg has captured Andy's Toys, Woody and the rest of the gang and sent them to separate planets around the galaxy. It's up to Buzz Lightyear to save his friends. The players are Buzz Lightyear, the Hula Hoops are the planets, small spot are Buzz's Pals, Andy's toys. As a team, they are going to see how many planets they can land their rocket ship on to save a toy.

- Game begins when Coach says "Buzz LightYear to the Rescue".