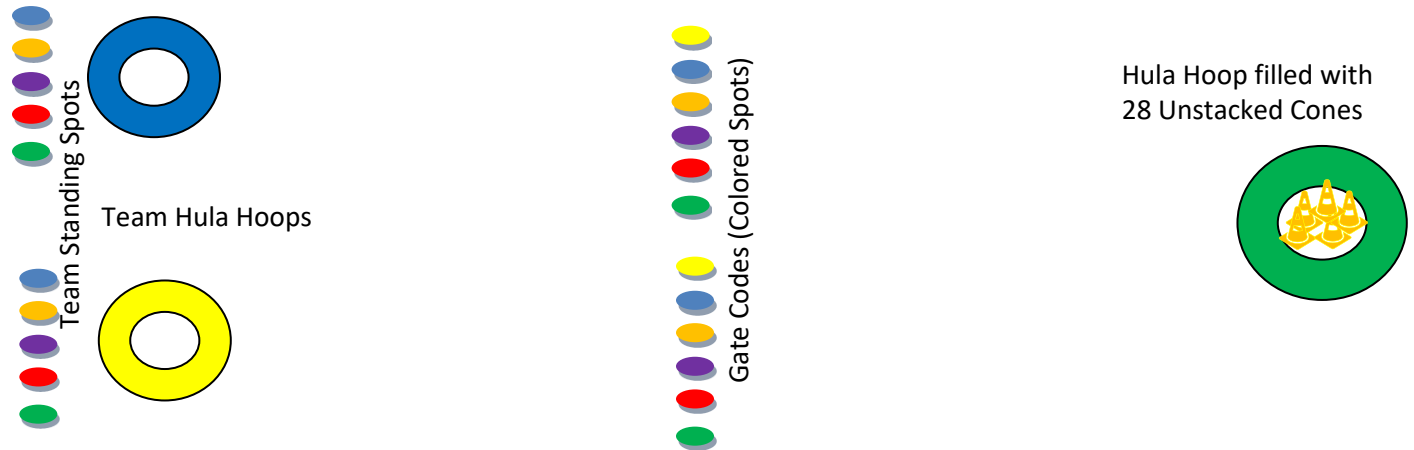## Star Wars Relay Race

Purpose: Agility, Teamwork

Equipment: Cones, Spots, hula hoops

Set Up: (see diagram below)
- Break kids into camp teams and assign each team to a hula hoop (Blue or Yellow). Put standing spots behind the hoop to show the kids where to stand
- Approx. 100' away puts 38 cones inside a Green Hula Hoop.
- In the middle of the field build a gate for each team (6 colored spots in a Horizontal Line).

Team Standing Spots

Team Hula Hoops

Gate Codes (Colored Spots)

Hula Hoop filled with 28 Unstacked Cones

Execution:
- Coach starts by showing all the players how to build a Rebel Star Ship (see comments)
- Coach then has all players stand on their team's starting spots
- Coach announces a color gate code for that round that all the players must remember (i.e. Red, Blue, Blue Green, Yellow). Have all players repeat a couple of times to make sure they know it.
- When the coach blows his/her whistle the player from each team runs up to the color gate and enters the color gate code by jumping with 2 feet on the colored spots in the correct order (Red, Blue, Blue Green Yellow)
- If the player enters the code correctly, he/she may pass. If they do not enter it correctly, they must try again.
- After the player gets through the gate, they run up to the green hula hoop and grab 1 cone
- They then run back to the gate, enter the correct code again and put the cone down on their team hula hoop to start creating their Rebel Star Ship.
- After the cone has been placed, they give a high-give to the next person in line who repeats.
- The first team to correctly build their Rebel Star Ship in their Hula Hoop, and have all player sit down in their team line, wins 10 points for their camp team!

Comments:
- How to build a Rebel Star Ship (you will need 19 cones for each rebel starship)
  - Put 9 Cones down in a square shape
  - Put 4 cones upside down in gaps***This is the key
  - Put 4 cones right-side up on top of upside down cones.
  - Put 1 cones upside down in gaps
  - Put 1 cones right-side up on top of upside down cones