



TOT/PRESCHOOL BASEBALL (AGES 3-5) ACTIVITY REFERENCE GUIDE

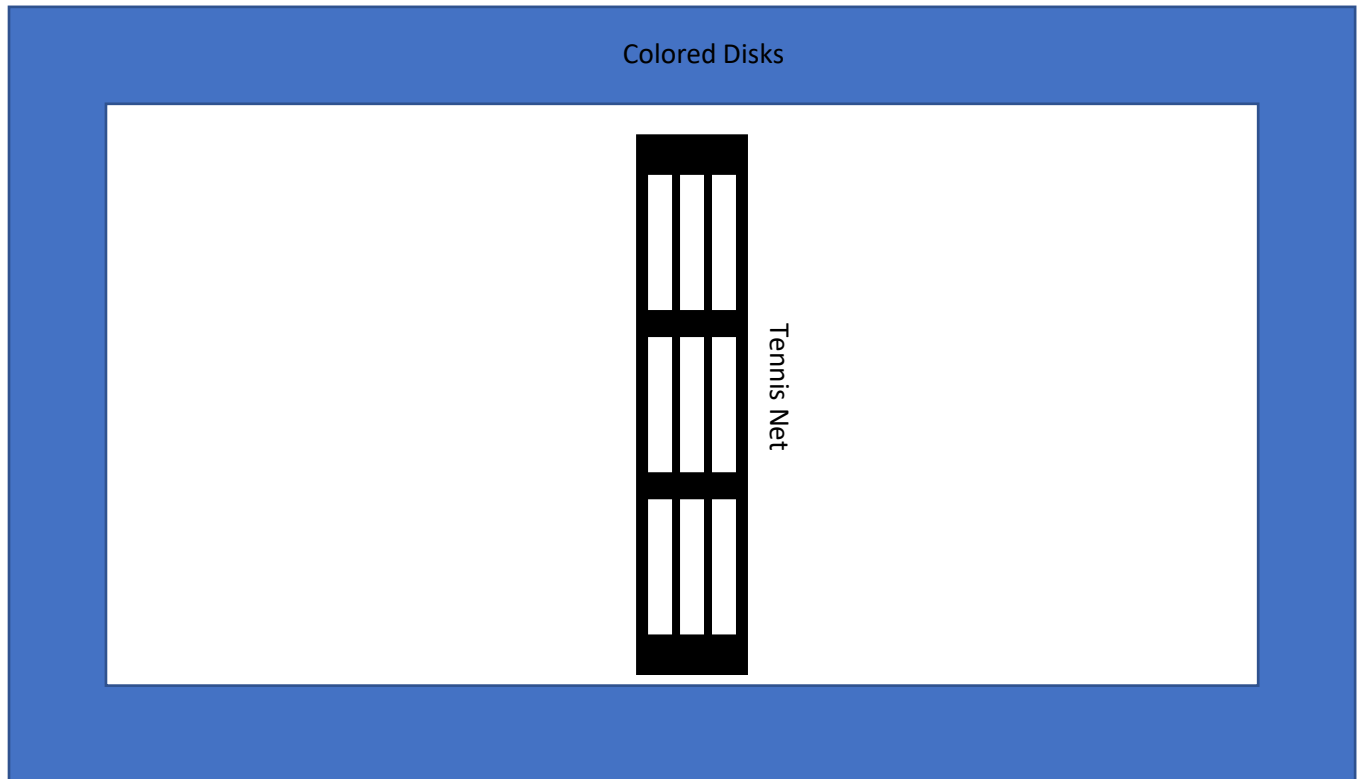


Get Out Of My Yard (Tot Baseball Edition)

Purpose: Throwing

Equipment: Tennis Net (or colored disks), Foam Quickstart Balls

Set Up: Set-up a Tennis Net to divide the field into two. If you don't have a net, use colored disks to separate the field into two halves. Do two lines of colored disks so the kids can't get too close to one another. Randomly place the FOAM Quickstart balls all over the field.



Execution:

1. Coach stands on one side of the fence, and has all of the players stand on the other side of the fence.
2. Tell the players that you and they are neighbors, the net/line of disks is the fence that divides your back yards.
3. On the whistle, the coach is going to try to throw all of the balls (garbage), onto the kids side of the yard. At the same time, the kids are going to try to throw all of the balls onto the coaches side of the yard.
4. After 1-minute, the coach blows his/her whistle and they count up the balls on each side of the field. The team with the fewest balls on their side wins the game (but not really).
5. Now the coach divides the players into two teams and assigns each team a side of the field. Now the players play against one another, throwing the ball onto the opponent's side of the field (yard).
6. Change teams and continue as time permits.