



BASEBALL CAMP (AGES 6-11)

ACTIVITY REFERENCE GUIDE

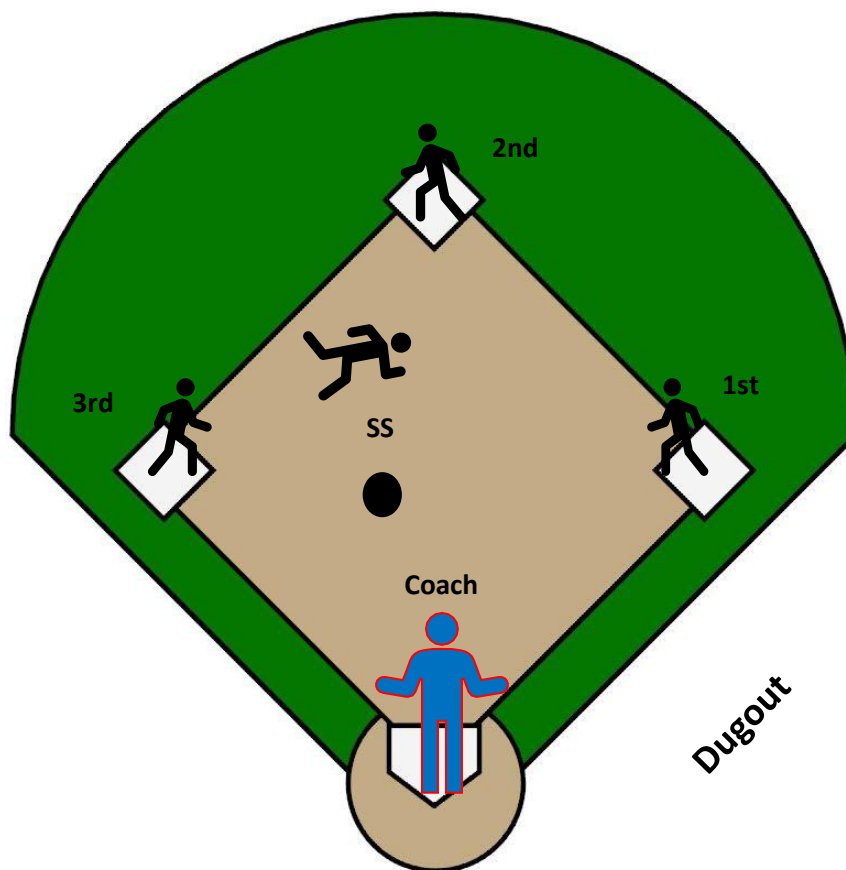


Around the Horn Relay Race

Purpose: Teamwork, Catching, Throwing, Strategy

Equipment: Baseball Diamond, Gloves, Baseballs

Set Up: Infield Baseball Diamond



Execution:

- Split players into camp teams. Have one camp team go out on the bases
 - 1st Base, 2nd Base, 3rd Base, Short Stop.
- The other team waits in the dugout for their turn
- The Coach starts with the ball at home plate.
- Coach rolls the ball to the short stop.
- The short stop fields the ball and throws it to the third baseman who tags third base and throws it to second base.
- The second baseman catches the ball, tags second base, and throws it to the first Baseman.
- When first baseman catches the ball on 1st Base.
- Once First Base has been tagged, the time spots. Announce the time it took for the team to go around the horn,
- SWITCH – have the team that just went around the horn go to the dugout, and the team that was just in the dugout goes to their assigned position
- Repeat
- Next time out, assign new positions and continue. The goal is to have each player play all 4-positions (1st, 2nd, 3rd, SS).
- That is a total of 8-rounds so you need to be fast
- Team with the fastest time at the end of 8-rounds is the winner.