

Angry Birds

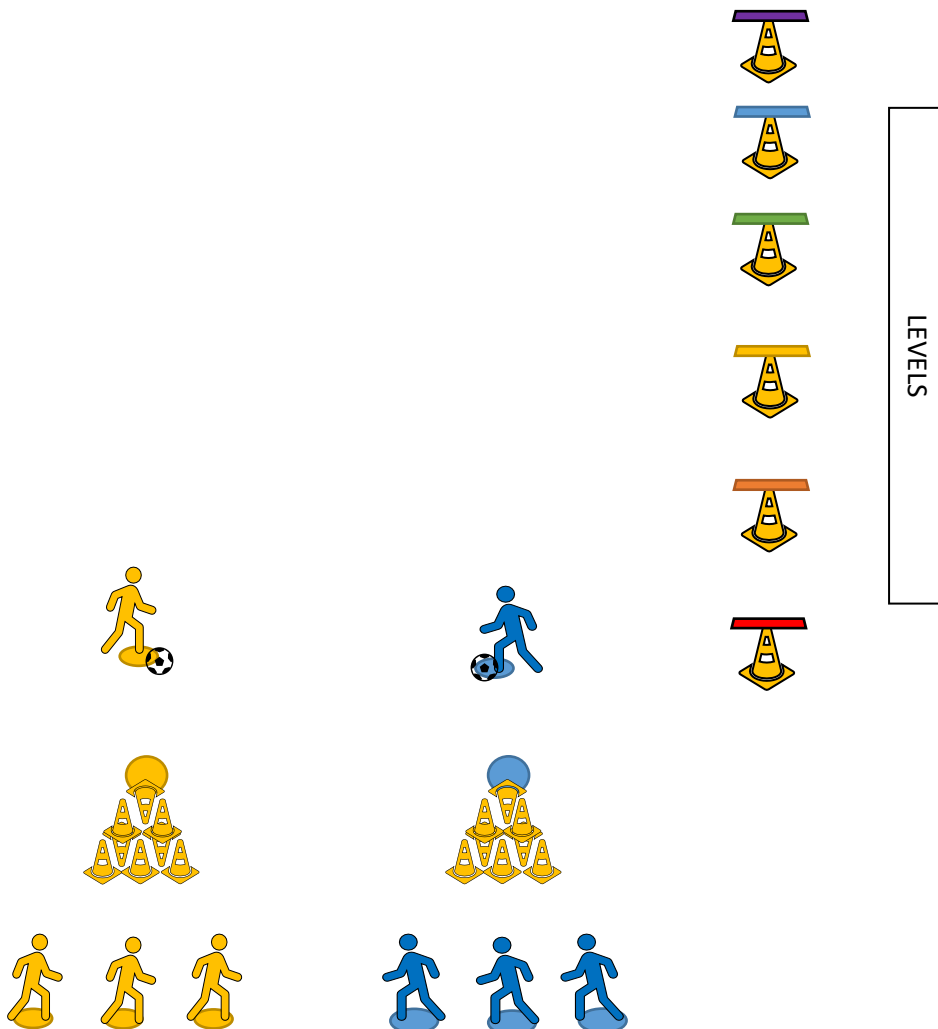
Purpose: Shooting with the Laces (Get the ball off the ground)

Equipment: Hula Hoop, Cones, Dodgeball, Soccer Ball, Colored Spots

Set Up: Each team needs to create their Piggy Tower in their Hula Hoop.

- Put 6 Cones down in a triangle shape
- Put 3 cones upside down in gaps****This is the key*
- Put 3 cones right-side up on top of upside down cones.
- Put 1 cones upside down in gaps
- Dodgeball (piggy) on the upside-down cone

Put 1 colored spot down about 5' in front of the piggy tower to serve as the Sling Shot.



Execution:

- Break players into two teams
- Have 1 player from each team start with the ball on the slingshot (Large Colored Spot). The rest of the players stand behind their teams Piggy Tower. Make sure they are far enough back that there is no risk of being hit by a Ball or Cone.
- On the coaches whistle the game begins. The person on the slingshot kicks the ball at the piggy tower.



SOCCER (AGES 6-11)

ACTIVITY REFERENCE GUIDE



- IF THEY MISS – the players behind the tower rebound the ball. The next player in line dribbles down to the Slingshot and kicks the Ball.
- IF THEY KNOCK OVER THE PIGGY TOWER: - the players behind the tower rebuild the Piggy Tower while the Coach Moves the Large Colored Spot back to Level 2.
- MAKE OR MISS - Players rotate after every pass: Player 1, Player 2, Player 3, Player 4
- This is a race. Once the whistle blows they don't have to wait for the coach or the other team. Work together and Go, Go, Go!
- First team to knock-down the Piggy from Level 6 wins!
- Continue as time permits.
- Have all players demonstrate Sportsmanship by giving high-fives and saying GOOD GAME!
- Review Life Skills and Sports Skills and award points for both.