



VOLLEYBALL CAMP (AGES 6-11)

ACTIVITY REFERENCE GUIDE

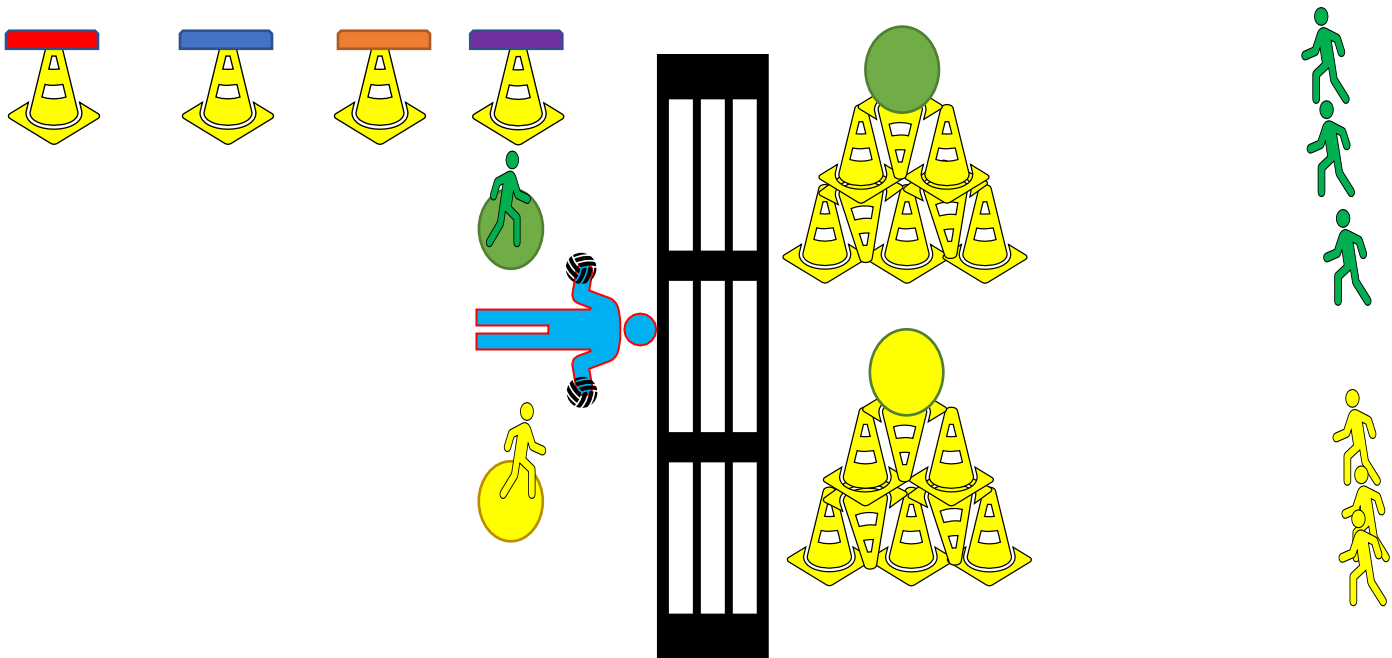


Angry Birds

Purpose: Hitting/Spiking

Equipment: Volleyballs, Cones, Dodgeballs, Colored Spots

Set Up: Break Campers into teams. Put the Sling Shot (Large Colored Spot) on one side of the net even with the purple cone. On the other side of the net set-up a Piggy Tower for each team and have the rest stand on the Baseline behind their Piggy Tower.



Execution:

- Break players into two teams
- Coach calls up the first player in each line and they stand on their Sling Shot (Large Colored Spot).
- Coach sets the ball to them and they try to Spike/Hit it over the net and knock-down the Piggy Tower.
- **If they knock-down the Piggy Tower:** Everyone on their team helps them rebuild the Piggy Tower while the coach moves their sling shot spot back to the next cone (Orange) – Level Two
- **If they do not knock-down the Piggy Tower:** Coach calls up the next player on the team. The Sling Shot stays where it is.
- **EITHER WAY:** The hitter goes back in the team line and the coach calls up the next person in line
- First team to knock-down the Piggy Tower from Level 4 wins!